

Helpful Harvest



Helpful Harvest is a program of the United Way and is located at Hazel's House of Hope. It serves both Monongalia and Preston counties. With the help of Preston Workshop, Helpful Harvest supplies food to 45 pantries and programs in the area.

\$35,000

in food distributed each month to area food pantries and programs through the generous support of the Hazel Ruby McQuain Charitable Trust.

8,920

Average number of unique individuals served per month through the program. 5,703 in Monongalia County and 3,217 in Preston County.

\$1,688,158

of in-kind goods and services leveraged through Helpful Harvest, including fresh produce, hygiene items, diapers, cleaning products, and more.

Helpful Harvest is not possible without the support of:



First Energy Corp.
Bechtel Family Law
WVU College of Applied Human Sciences
Azimuth Incorporated
Mon Health
First United Bank & Trust
Glenmark Holding LLC
Trinity Episcopal Church
MVB Bank
Bowles Rice LLP
Biafore Landscape Development LLC
The Wardens
The Walkers
The Espositos
Friends of the Community Kitchen, Inc.
CMI²
Milan Puskar Foundation
Bowles Rice Foundation
Huntington Bank Foundation
First Energy Foundation
Mountain Harvest Farm LLC
Mountaintop Beverage

Helpful Harvest Pantries & Programs

These are the feeding programs receiving food through Helpful Harvest:

MONONGALIA COUNTY

Aspire Services Center
Canyon Pantry
Catholic Charities
Children's Home Society of WV
Christian Help
Clay-Battelle Pantry
Community Kitchen
Covenant UMC
DHHR Youth and Adoption Services
Evergreen Assisted Living
Little Sprouts Daycare
Lauren's Wish Addiction Recovery Center
Majorie Gardens
Meals on Wheels
Milan Puskar Health Right Recovery Community Organization
Monongalia Child Advocacy Center
Rock Forge
St. Ursula's
Starting Points/The Shack
Pantry Plus More
The Parish House
The Salvation Army
Unity House/Manor
Vision of Hope
Wadestown Pantry
Wellspring Family Services
WV Coalition to End Homelessness
WV Diapers Plus Initiative



PRESTON COUNTY

Donna's House of Hope
Family Support Center (formerly Starting Points)
Food for Preston
Grace House Food Pantry
Kingwood Apostolic Food Pantry
Kingwood Christian Fellowship Food Pantry
Maple Spring Food Pantry
Newburg Grows Food Pantry
North Central WV Community Action
North Preston Food Pantry
Raymond Wolfe Center
Reedsville United Methodist Church
Shepherd's Tent Food Pantry
South Preston Food Pantry
Terra Alta Food Pantry
The Salvation Army Food Pantry
Valley Food Pantry



Helpful Harvest

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Mobile Pantries

A partnership between Mountaineer Food Bank, Food for Preston, and the United Way of Monongalia and Preston Counties continued in 2024, with thousands of boxes of food being distributed in Preston County. Preston's distribution is the state's largest Mountaineer Food Bank Mobile Food Pantry.

Month	Families Served	Individuals Served
February	396	854
April	459	1,017
June	456	994
August	478	1,055
October	467	1,026
December	522	988
TOTAL	2,778	5,934